

## Facilitator's Mobilization Checklist

### Getting started:

- Take the COVID-19 Lesson (as a participant). Register at [QuestMovement.org/event](http://QuestMovement.org/event)
- Review the *Facilitator's Materials with Quest's Notes*. [QuestMovement.org/covid19](http://QuestMovement.org/covid19)
- Identify facilitating partner *or* Quest will pair you up with one using the feedback form.
- Check your availability for leading a session.
- Complete the *Facilitator's Feedback Form*. [QuestMovement.org/facilitators-feedback](http://QuestMovement.org/facilitators-feedback)

### Once you have a facilitating partner:

- Coordinate dates and times for your sessions with your partner.
- Complete the *COVID-19 Support Form* [QuestMovement.org/covid-support-form](http://QuestMovement.org/covid-support-form)
- Wait 24 hours and check the website to confirm your session has been posted.
- Download the graphic image: *Got COVID-19 Stress* [QuestMovement.org/covid19](http://QuestMovement.org/covid19)
- To download the graphic, right click on the image and "save as" a file on your computer.
- Post the graphic image along with your session details on social media.

### After your session is done:

- Complete a *Trauma Healing Mini Facilitator's Report*. Quest will use this data to update your THI profile to include the training. [QuestMovement.org/facilitators-reports](http://QuestMovement.org/facilitators-reports)

Quest Movement is a 501c3 Non-Profit organization that helps people heal from traumatic events through a trauma healing program. We train churches, community, and agencies to lead trauma healing.