



**QUEST**  
MOVEMENT

## The Esther 3-E Experience Online Community of Practice

*Called for Such a Time as This!*  
- Esther 4:13-19 -

**Thu – Sat, March 18-20, 2021**

Engaging, Equipping, Empowering the Biblical Trauma Healing Community  
Register at [QuestMovement.org](http://QuestMovement.org) | [info@QuestMovement.org](mailto:info@QuestMovement.org)

## **SHAME & GUILT DESCRIPTION**

**With Debbie Wolcott & Alicia Williams-Clark**

### **Shame & Guilt Lesson in Context of Generational Trauma**

**Description:** This session will guide participants to:

- explore the nature of shame and guilt,
- identify their own shame and guilt that may have been passed down from American historical events and generational trauma,
- explore paths towards healing from shame and guilt individually and collectively.